

**NEW MESSAGE PATIENT INFORMATION**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip code: \_\_\_\_\_

E-mail: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Emergency Contact Phone: \_\_\_\_\_

Allergies: \_\_\_\_\_

Medication: \_\_\_\_\_

Do you have any Orthopedic (muscle or bone) injuries?: \_\_\_\_\_

Have you had a massage before? Yes \_\_\_ No \_\_\_ What pressure do you like: Light \_\_\_ Moderate \_\_\_ Deep \_\_\_

Do you suffer from Chronic Pain? Yes \_\_\_ No \_\_\_

What makes it better? \_\_\_\_\_ Worse? \_\_\_\_\_

Are You Pregnant? Yes \_\_\_ No \_\_\_

Indicate any conditions you have / had:

- |   |  |                                   |  |
|---|--|-----------------------------------|--|
| <input type="checkbox"/> Migraine headaches | <input type="checkbox"/> Arthritis       | <input type="checkbox"/> Cancer   | <input type="checkbox"/> Fibromyalgia            |
| <input type="checkbox"/> Stroke             | <input type="checkbox"/> Blood Clots     | <input type="checkbox"/> Numbness | <input type="checkbox"/> High/Low Blood Pressure |
| <input type="checkbox"/> Neuropathy         | <input type="checkbox"/> Sprains/Strains |                                   |  |

Are there any areas you **do not** want massaged?: \_\_\_\_\_

What are your treatment goals? \_\_\_\_\_

**Please mark any areas of concern on the diagram.**

I understand that the massage given to me is for stress reduction, pain reduction, relief from muscle tension, increasing circulation, or specific reasons stated here \_\_\_\_\_. I understand that the massage therapist does not diagnose illness or disease and does not prescribe medical treatment. I understand that massage therapy is not a substitute for medical care and that it is recommended that I work with my primary caregiver for any condition I may have. I have stated all my known physical conditions and medications, and I will keep the massage therapist updated on any changes.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I understand that massage is not a covered service by my insurance and take full financial responsibility for any charges accrued during my massage. I have read and agree to the above statement.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

